Packing List for the Ladies

Ladies, to better help you prepare for your cruise vacation, here are some guidelines on what to pack. Keep in mind that even though you are cruising to a "relaxed" destination, your own taste, interests and activities will determine what you bring. Once you have all of your clothing selected and ready to pack, you should consider mixing some of your clothing with your husband's. Should one of your suitcases be lost, one of you will not be totally without. Nothing is worse that you having your cocktail dress and your husband's tux is missing

You will need three types of clothing: casual shipboard attire or day wear, comfortable apparel for sightseeing and something for evening wear. Properly packed, you should be using two suitcases for a cruise, plus at least one decent sized carry-on. (Airlines allow a roller carry that can go in the overhead storage and one personal bag or knap-sack that must fit below the seat. Try to minimize as much as possible so you have space left to take some souvenirs home. Start packing a week early so you won't forget something.

Check these items off or circle them as you pack

LADIES TOILETRIES		LADIES DAYTIME AND CASUAL WEAR	
	Blow Dryer		Bras (including strapless if needed for evening wear)
	Curling Iron or Curlers/Flat Iron		Santa or Mrs. Claus Hat (Yes, the ladies can wear
	Comb/Brush		them too!)
	Hair Spray (non-aerosol) Hair Gel or Mousse		Undergarments
	Shampoo / Conditioner Soap/Face Wash (cruise lines		Lingerie, Nightgown, Pajamas, Robe
	supply both, unless you have a favorite) Shower Cap		Belts
	Deodorant / Perfume		Comfortable shoes or boots for hiking and walking
	Toothbrush / Toothpaste / Floss / Mouthwash		(make sure to break them in before the trip).
	Tweezers		Good socks, 2 pair – exercise, walking, hiking
	Make-up Mirror		Walking Sandals
	Make-up and Make-up Bag (list can be endless!)		Jeans or khakis
	Make-up Remover / Cleanser		Capri Pants
	Skin Care Lotion / Creams / Moisturizer		Slacks
	Nail Clippers and File (be sure to pack in checked		Windbreaker Jacket
	luggage)		Compact Poncho or Raincoat with Hood for those surprise tropical showers.
	Nail Polish and Remover and Crazy glue		Sun hat or baseball cap
	Throat Lozenges		Swim suit and shorts for warm
	Sunscreen / Lip balm		Swim Suit Cover-up, Pareo, Sarong
	Razors / Shaving Cream		Sandals, Thongs, Flip Flops (for onboard by the pool)
	Extra Eyeglasses / Prescription Copy / Contact Lenses		Workout Clothes, running shoes and Sports Bra
	Birth Control		Dresses/outfits for informal nights on ship
NOTE: Although today's modern cruise ships and hotels			Shorts
	ve hair dryers, shampoo, and conditioner in the teroom, please feel free to bring your own if your prefer		Tops of All Types (sleeveless, short-sleeved, long-
LADIES EVENING WEAR			sleeved) Comfortable shirts (both long sleeved and short
	2 Dresses/outfits for formal nights		sleeved)
	Evening Sweater		Costume Jewelry and Extra Watch
	Evening Jacket/Wrap		
	Belts		
	Evening Bag/s		
	Evening Shoes		
	Costume Jewelry/Hair Accessories		
	Trouser Socks or Pantyhose		
	Camisole/slip.		
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